

Communities for walkability

Safety



- » Your safety is priority. Always be safe and aware of your surroundings, particularly in wet or windy weather conditions.
- » If you are a young person (aged 12-16), please tell an adult where you are going before you walk around your part of town. If you like, you can walk with a friend or with your parents.
- » Please ensure you follow all Tasmanian Government advice in regards to COVID safe behaviours.
- » Some mild physical activity may be required because you will need to walk around your town to complete the segment assessments. If you think you cannot do this, then it would be best not to be part of this study.
- » If you feel dizzy, tired, pain, injury or illness during the session you will need to stop what you are doing and contact your preferred medical practitioner. You will also need to contact the research staff.
- » Consider using a GPS device for navigation and assistance if required.
- » If you feel in immediate danger, stop what you are doing and contact someone or emergency services (dial 000) if necessary.
- » Please contact your Community Champion (if you are a citizen scientist) or Subhash Koirala (details below) if you have any questions.



Contact

If you have questions or issues, please contact:

Assoc. Prof. Verity Cleland: verity.cleland@utas.edu.au, 03 6226 4603

Dr. Subhash Koirala: subhash.koirala@utas.edu.au, 03 6324 3667

Or visit the website - <https://www.menzies.utas.edu.au/research/participant-based-studies/rural-walkability-projects>